

Bone Chart
by Allan Wolf

Your bones hold you up like the frame of a house.
Be you boy. Be you girl. Be you lion or mouse.

Your skull is a bone that encloses your brain.
It holds up your hat, and it keeps out the rain.

Just under your skull is the trusty jawbone.
It helps you to chew and to talk on the phone.

Your neck bones and back bones are called vertebrae.
They help keep your spinal cord out of harm's way.

The collarbone works with his friend, shoulder blade.
Because of their union a shoulder is made.

The arm bones come next, followed close by the hands.
They help you give hugs and direct marching bands.

The ribs are a wonder; in all there's twelve pair
protecting your lungs as they help you breathe air.

The hipbone, or pelvis, is next with a flair.
It helps you to hula and sit in a chair.

For strength, your eight leg bones are second to none.
They help you to hop and allow you to run.

All told, you have just over two hundred bones.
Two hundred and six, if you really must know.
There's fifty-two bones in your two feet alone!
And that is your bone chart, from head bone to toe.